**First Aid Kit**

Please put together two first aid kits – one for your home & one for your car!

**What to include…**

1. Acetaminophen (Tylenol) and/or ibuprofen (Motrin)
2. Antihistamine (Benadryl)
3. Antibiotic ointment
4. Sterile adhesive bandages
5. Gauze pads
6. Adhesive tape
7. Scissors
8. Tweezers
9. Soap or another cleansing agent
10. Petroleum jelly or other lubricant
11. Moistened towelettes
12. Thermometer